

Bright Smiles Dental Sealant and Fluoride Program

What is Bright Smiles?

A preventive dental health program funded by the Wisconsin Seal-A-Smile, a program of the Children's Health Alliance that is offered at no charge to you or the school. It is a comprehensive service including classroom education, dental screenings, teeth cleaning, dental sealant placement and fluoride varnish applications.

Bright Smiles

1. Dental Sealants and Fluoride Varnish:

2nd to 8th grade students will receive an oral screening exam by a Registered Dental Hygienist, teeth cleaned and application of dental sealants to protect their teeth from cavities. They will also receive a fluoride varnish application 2-4 times per year. **This service will be provided until all sealants are placed and checked a year later.**

2. Fluoride Varnish:

4YK to 8th grade students will receive a fluoride varnish application 2-4 times per year.

What are dental sealants?

- Dental sealants are thin plastic coatings that are applied to the grooves on the chewing surfaces of the back teeth to protect them from tooth decay. Most tooth decay in children and teens occurs on these surfaces. Sealants protect the chewing surfaces from tooth decay by keeping germs and food particles out of these grooves.
- Permanent molars are the most likely to benefit from sealants. The first molars usually come into the mouth when a child is about 6 years old. Second molars appear at about age 12. It is best if the sealant is applied soon after the teeth have erupted, before they have a chance to decay. Premolars are sealed if there is a high risk of decay.
- Applying sealants does not require drilling or removing tooth structure. The process is short and easy. After the tooth is cleaned, a special gel is placed on the chewing surface for a few seconds. The tooth is then washed off and dried. Then, the sealant is painted on the tooth. The dentist or dental hygienist also may shine a light on the tooth to help harden the sealant. It takes about a minute for the sealant to form a protective shield.

What is Fluoride Varnish?

Fluoride varnish is a protective coating that is painted on a child's teeth to prevent cavities. It dries instantly and only takes minutes to apply. The varnish releases fluoride over several months, which strengthens the outer layer of teeth and prevents decay. It can be painted on teeth that already have cavities. Fluoride can help stop cavities from getting bigger. The fluoride varnish needs to be reapplied every 3—4 months to maintain its effectiveness.

The treatment, which your child will receive in this program, is not intended to be an alternative to regular dental care. It is strongly recommended that you have a dental home for routine dental care including any follow up care which may be recommended after you child has completed this school based oral health program.

If you have questions about this program please contact:

Carol Newton, RDH, Program Coordinator- carolnewtonrdh@gmail.com -715-933-0065

Bright Smiles Dental Sealant and Fluoride Program Permission Slip

Child's Name: _____ Grade: _____

Parent Signature: _____ Date: _____

I authorize Forward Health to be billed for billable services if my child has Forward Health.

Grade: 4YK through 8th grade

I **DO** wish my child to participate in the **Fluoride Only** Program

I do **NOT** wish my child to participate in the **Fluoride Only** Program

AND/OR

Grade: 2nd through 8th grade

I **DO** wish my child to participate or continue in the **Sealant and Fluoride** Program.

..... FILL OUT INFORMATION BELOW.

I do **NOT** wish my child to participate in the **Sealant and Fluoride** Program.

..... DO NOT FILL OUT INFORMATION BELOW.

Child's Sex: M or F

Date of Birth: _____ / _____ / _____

Race: White _____ Black/African American _____ Asian _____ Hispanic _____
American Indian/Alaska Native _____ Native Hawaiian/Pacific Islander _____

Dental Insurance: None _____ Private _____ Unknown _____

Medicaid/Badger Care or Forward Health Card _____

Medical and Oral Health History	YES	NO
Do you have fluoride in your drinking water?		
Does your child have regular dental care?		
Does your child use medicine prescribed by a doctor?		
Name of medicine:		
Does your child have diabetes?		
Does your child have asthma?		
Does your child use an inhaler?		
Does your child have any allergies?		
Allergic to:		
Does your child need or use more medical care than others the same age?		
Does your child have trouble doing things most children the same age can do?		
Does your child receive physical, occupational or speech therapy?		
Does your child receive counseling or treatment for behavioral or emotional problems?		
Has this problem lasted or is expected to last at least 12 months?		
Is there anything else we should know about the health of your child?		
Explain:		

All procedures will follow recommendations from the American Dental Association and Centers for Disease Control and Prevention's recommendations for school based dental sealant programs. This permission is effective as long as the child is in this school or we receive notification that you no longer want these services. We will see your child until all sealants are placed and checked one year later.